



LOBO HUB

THE OFFICIAL NEWSLETTER OF CSEA CHAPTER 245

Classified Professionals Fall Potluck

The recent classified professionals fall potluck was a resounding success! The delicious array of dishes brought in by our talented colleagues left everyone's taste buds delighted, and the warm camaraderie shared over the meal was simply heartwarming. It's clear that good food and great company make for a winning combination. CSEA, Classified Senate and Caring Campus are already looking forward to doing it something again soon, so stay tuned for details on our next gathering!



Next chapter meeting

**December 19, 2023 at 12-1pm
in the Sam Karas Room**

* If you missed us at 12pm, come 4-5pm
for the evening crew meeting



Claim your FREE CSEA T-Shirt!

You look great in CSEA! That's why CSEA wants to send you a FREE t-shirt to thank you for everything you do as a classified employee and CSEA member.

Please fill out the request form at <https://bit.ly/CSEA-tshirt> and click the Submit button no later than January 5, 2024 to request your t-shirt. There is a limit of one t-shirt order per member with no returns or exchanges. CSEA will begin shipping t-shirts in the Summer of 2024. Your shirt will be sent to the address you provide on the form.

Not a CSEA member? Join today and qualify for your t-shirt!



December is the month known as National Human Rights Month. It is a global holiday that celebrates the adoption of the Universal Declaration of Human Rights marked on December 10, 1948. The purpose for universally naming this month was to create awareness to all individuals or to stand up for their rights and unification.

The purpose served for this universal month is to reflect on how we treat others while trying to create equality for all generations. The main theme is equality and the advancing of human rights.

CSEA Victory Club needs you

Join the non-partisan CSEA Victory Club to help us raise vital funds to support classified-friendly candidates running for local, state and federal offices. Your membership will help support candidates who have received CSEA's endorsement based on their completed questionnaires, voting records and demonstrating strong support for issues of importance to classified employees. Ask us for an application!



UPCOMING TRAININGS



Union Steward Level 1 - Virtual Training

Are you ready to learn more and help out members in our chapter? If so, Level 1 Union Steward training is a great place to start. You will learn how to protect employees' rights on the job, enforce the contract and keep management in check. Participants get comprehensive training on everything from legal rights to listening skills.

January 20, 2024 - 8:30am - 3:00pm

For more information visit:

<https://bit.ly/Level1Training-Jan2024>

Stress Management for Employees Training

Everyone experiences stress, but too much stress can compromise your health and quality of life. This on demand training will examine the causes of stress, including the impact of COVID-19, and will provide strategies to help you recognize your stress signals. You will be introduced to several techniques to minimize stress and take care of yourself.

Complete the training on your own time at

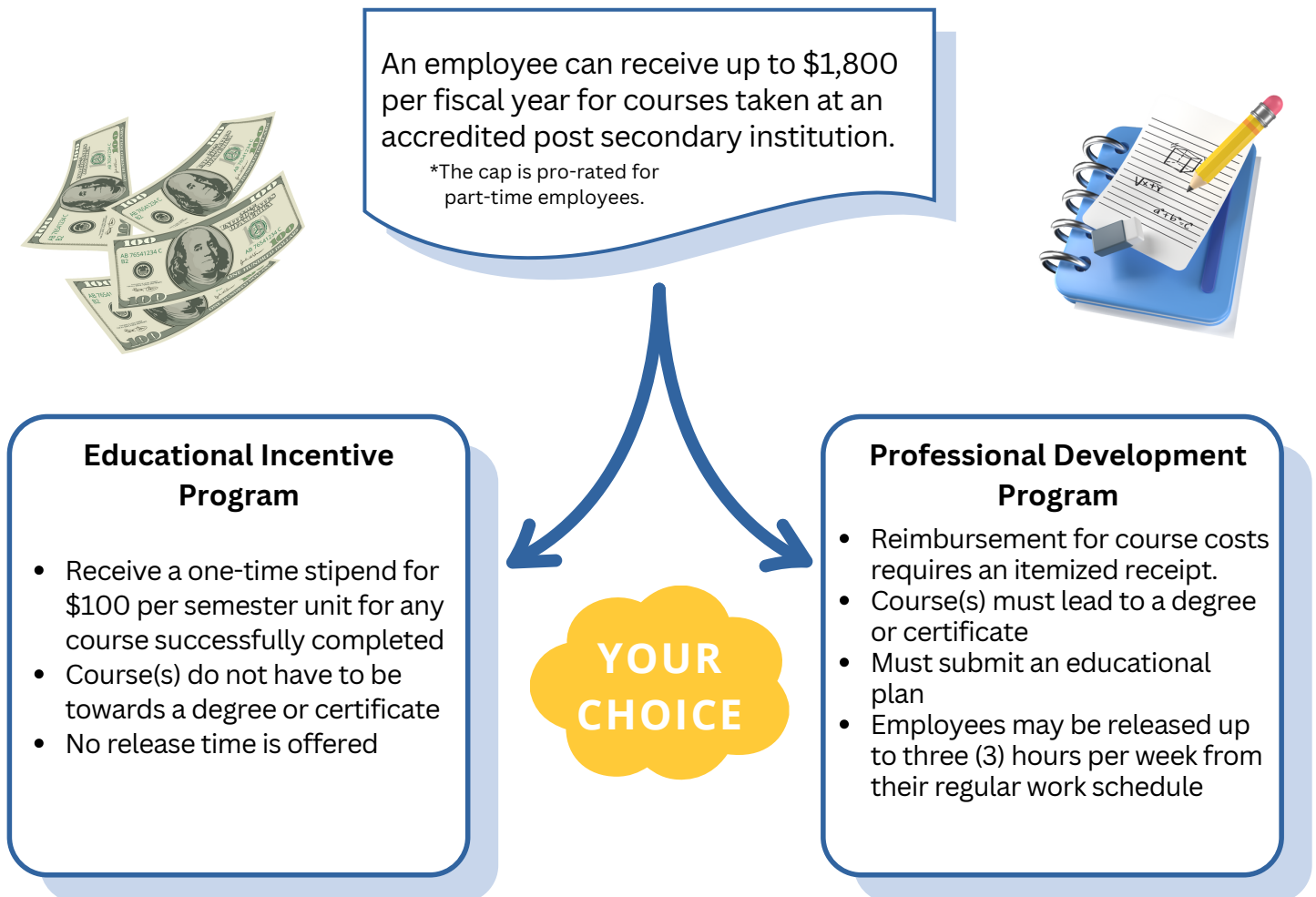
<https://bit.ly/on-demand-reduce-stress>



Simplifying the Contract

Article VI Professional Growth and Staff Development

The District allocates \$40,000 per fiscal year to support your growth. Unlock your full potential and invest in your professional growth with the Educational Incentive Program and/or the Professional Development program. Now is the time to apply for your benefits for the Spring 2024 semester! Both full and part-time employees are eligible and can receive benefits from both programs.



Seize the opportunity to expand your horizons, enhance your skills, and reap the rewards of these valuable programs. Apply today and embark on a journey of personal and professional growth! Applications can be found on the [HR "forms and documents" page](https://www.mpc.edu/about-mpc/campus-resources/human-resources/hr-forms-and-documents) of the MPC website at <https://www.mpc.edu/about-mpc/campus-resources/human-resources/hr-forms-and-documents>

Reimbursement occurs after your course work is done. Be sure to submit the needed transcripts and receipts (if needed) to HR. They will then coordinate with Fiscal for you to receive your hard earned benefits.



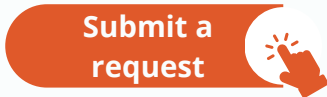
Member Benefits



Free Credit Advice for Members

Take control of your credit. If you're struggling to get control of your debt, it may be time to ask for help. Get a free consumer credit counseling session to help you get back on the road to financial recovery.

Complete a confidential request for consumer credit counseling online. There are no confusing gimmicks or overwhelming options. Just sound advice that'll help you stop collection agencies from controlling your financial life.



For more information, go to:
www.unionplus.org/benefits/money/credit-counseling

Your union is only a phone call away

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Visit our website
<https://csea.com/chapters/245>

Together we can make a difference!

JOIN CSEA

<https://csea.com/join-csea>

See you in the New Year!



Winter Break is Dec 22 to Jan 1